



December 2015: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	New York Thursday 3	4
	Grilled Chicken Dippers BBQ Sauce Mac & Cheese Fan Favorite Pizza Garden Veggie Souper Beans	Avi's Burger-ito Fan Favorite Assorted Sandwiches Cookie Treat French Fries	Chicken & Broccoli Veggie Fried Rice Fan Favorite Assorted Sandwiches ●Crispy Egg Roll with Duck Sauce ● Fresh Apple	●Jamaican Patty Fan Favorite Pizza Grilled Chicken Crunchy Carrots
7	8	9	New York Thursday 10	11
Tacos With Fresh Toppings Taco Sauce Rice Choice Fan Favorite Pizza Confetti Corn	Fish & Cheese Tartar Sauce & Pickles Fan Favorite Burger Sliders Sweet Potato Wedges	International Day Cheese Stuffed Shells Marinara Sauce ●Toasted Bread Stick Fan Favorite Pizza Garden Veggie Green Beans	Jamaican Patty Spanish Rice Fan Favorite Assorted Sandwiches Plantains ●Sofrito Black Beans ● Fresh Apple	Cheese Calzone Fan Favorite Pizza Bacon OR Sausage ●Kale Salad
14	15	16	New York Thursday 17	18
Hot Ham and Cheese Hero Sandwich Fan Favorite Pizza Seasoned Wedge Fries	Turkey Burger Deluxe Toppings Fan Favorite Burger Sliders Deluxe Toppings Sweet Potato Waffle Fries	Philly Cheese Steak Hero Dipping Sauces Fan Favorite Pizza Grilled Chicken Pickles and Onion Rings	Chicken Alfredo Pasta Bowl Fan Favorite Assorted Sandwiches ●Cookie Treat Broccoli ● Fresh Apple	●Jamaican Patty Fan Favorite Pizza Garden Veggie ●Black Bean Salad
21	22	23	Winter Recess 24	Winter Recess 25
Cheese Burger Deluxe Fan Favorite Pizza Sweet Potato Wedges	BBQ Roasted Chicken Buttermilk Biscuit Fan Favorite Burger Sliders Deluxe Toppings French Fries	Chicken Quesadilla Cheese Empanadas Served with Salsa Fan Favorite Pizza Garden Veggie Sliced Cucumbers Ranch Dipper	Assorted Sandwiches Broccoli ● Fresh Apple	Cheese Calzone ●Chickpea Salad
Winter Recess 28	Winter Recess 29	Winter Recess 30	Winter Recess 31	
Stuffed Cheesy Bread Marinara Sauce Spinach	Grilled Chicken Dippers BBQ Sauce Mac & Cheese Souper Beans	Avi's Burger-ito French Fries	Chicken & Broccoli Veggie Fried Rice ●Crispy Egg Roll with Duck Sauce ● Fresh Apple	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING ● LOCALLY SOURCED & PRODUCED FOOD

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches
 Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano
 Dipping Sauces-IND: Asian Sesame, Blue Cheese, BBQ, Caesar, Chipotle Ranch, Honey Mustard, Ranch
 Condiments: Ketchup, Mustard, Mayonnaise, Thai Chili Sauce, Hot Sauce
 Dressings: Asian Sesame, Balsamic, Blue Cheese, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Lite Italian

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MENUS ARE SUBJECT TO CHANGE