




October 2016: K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
ROSH HASHANAH 3 Crispy Chicken Tenders Dipping Sauce Cup Baked! Tostitos® Scoops® Salsa Cup <u>Eat Your Colors</u> Onion Rings Sliced Pickles <u>Salad Bar</u> Marinated Green Beans	ROSH HASHANAH 4 100% Beef Cheeseburger Deluxe Toppings Teriyaki Chicken Sliders <u>Eat Your Colors</u> Sweet Potato Waffle Fries <u>Salad Bar</u> Fresh Cilantro Slaw	KALE DAY 5 Chicken Dumplings Soy Sauce Dipper Sesame Lo-Mein <u>Eat Your Colors</u> Broccoli <u>Salad Bar</u> Kale Salad	New York Thursday 6 Hot Turkey Pastrami Melt on Kaiser Roll <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Cucumber Salad NY Apples/ Apple Slices	Pizza Slice Sausage Pizza Mozzarella Sticks Marinara Sauce <u>Eat Your Colors</u> Cold Bean Salad <u>Salad Bar</u> Greek Zucchini Salad
COLUMBUS DAY 10 Popcorn Chicken Dipping Sauce Cup <u>Eat Your Colors</u> Sweet Potato Wedges <u>Salad Bar</u> Confetti Corn Salad	100% Beef Hamburger Sliders Deluxe Toppings Fish and Cheese Sandwich <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad	YOM KIPPUR 12 BBQ Chicken Drummy Corn on the Cob Buttermilk Biscuit <u>Eat Your Colors</u> Garlicky Green Beans <u>Salad Bar</u> Celery & Apple Salad	New York Thursday 13 Cheese Steak on NY Hero Roll Fritolay® SunChips® <u>Eat Your Colors</u> Kale Salad <u>Salad Bar</u> Cucumber Salad NY Apples/ Apple Slices	Pizza Slice Bruschetta Pizza Mozzarella Sticks Marinara Sauce <u>Eat Your Colors</u> Chick Pea Salad <u>Salad Bar</u> Broccoli Salad
17 Crispy Chicken Tenders Dipping Sauce Cup Rold Gold® Heartzels <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Sliced Cucumbers	18 Turkey Burger with Cheese Deluxe Toppings <u>Eat Your Colors</u> Sweet Potato Waffle Fries <u>Salad Bar</u> Spring Mix Salad	19 Latin Pasta Bowl Dinner Roll Steak and Cheese Empanada <u>Eat Your Colors</u> Spinach <u>Salad Bar</u> Confetti Corn Salad	New York Big Apple Crunch 20 100% New York Beef Cheeseburger Deluxe Toppings Turkey Bologna, Turkey Salami and Cheese Wedge <u>Eat Your Colors</u> Onion Rings Sliced Pickles <u>Salad Bar</u> Celery & Apple Salad NY Apples/ Apple Slices	21 Pizza Slice Sausage Pizza Mozzarella Sticks Marinara Sauce <u>Eat Your Colors</u> Cold Bean Salad <u>Salad Bar</u> Carrot and Lemon Salad
24 Crispy Chicken Sandwich Deluxe Toppings Dipping Sauce Cup <u>Eat Your Colors</u> Sweet Potato Wedges <u>Salad Bar</u> Marinated Green Beans	25 100% Beef Cheeseburger Sliders Deluxe Toppings Fish and Cheese Sandwich <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Cucumber Salad	26 Chicken Guisada Yellow Rice and Beans <u>Eat Your Colors</u> Sweet Plantains Seasoned Beans <u>Salad Bar</u> Fresh Cilantro Slaw	New York Thursday 27 Jamaican Patty Cookie Treat <u>Eat Your Colors</u> Garlicky Green Beans <u>Salad Bar</u> Spring Mix Salad NY Apples/ Apple Slices	28 Pizza Slice Chicken Ranch Pizza Mozzarella Sticks Marinara Sauce <u>Eat Your Colors</u> Broccoli <u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad
31 Crispy Chicken Tenders Dipping Sauce Cup Dinner Roll <u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Marinated Green Beans			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, and Cheese Sandwiches
Dressings: Asian Sesame, Balsamic Vinaigrette, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Italian Vinaigrette
Dipping Sauce Cups: BBQ, Honey Mustard, Ranch
Offered Monday & Friday: Hummus & Pretzel Grab & Go
Offered Tuesday, Wednesday & Thursday: Plain Turkey Sandwich with Deli Condiments

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MENUS ARE SUBJECT TO CHANGE