



MARCH 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
<p><u>Fresh New York Bagel Stick Varieties</u></p> <ul style="list-style-type: none"> Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy 			<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p>Cinnamon Twist</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>100% Fruit Juice Fresh Fruit</p>
4	5	Ash Wednesday 6	New York Thursday 7	8
<p>Banana Muffin</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Yogurt Bar</p> <p>Turkey Sausage, Egg & Cheese on Ciabatta Bread</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Hot Cinnamon Knot</p> <p>Turkey Sausage Patty</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>100% Fruit Juice Fresh Fruit</p>
11	12	13	New York Thursday 14	15
<p>Assorted Muffins</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Yogurt Bar</p> <p>Egg & Turkey Sausage Sandwich</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Yogurt Parfait</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Twist</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>100% Fruit Juice Fresh Fruit</p>
18	19	20	New York Thursday 21	22
<p>Blueberry Muffin</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Yogurt Bar</p> <p>Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Buttermilk Pancakes Served with Syrup</p> <p>Turkey Sausage Patty</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Yogurt Parfait</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Twist</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>100% Fruit Juice Fresh Fruit</p>
25	26	27	New York Thursday 28	29
<p>Banana Muffin</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Yogurt Bar</p> <p>Turkey Sausage, Egg & Cheese on Ciabatta Bread</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Spiced Oatmeal</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Hot Cinnamon Knot</p> <p>Turkey Sausage Patty</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Fresh Fruit</p>

OFFERED DAILY

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

Grab and Go
Breakfast Pack

Fresh Fruit

Canned Fruit
Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Pre-K - 8
Breakfast Menu

100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

Breakfast Dipping Sauces:
Ketchup, Hot Sauce, Salsa

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Organic Purple Corn Flakes & Cinnamon Cluster

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.